



# The Port Moody Aquarians Summer Swim Club Frequently Asked Questions (FAQs)

## **Volunteer Expectations:**

### **Are Parents/Guardians expected to volunteer?**

**Yes. Volunteerism is required for all members.** Participation by parent volunteers is a key aspect of swimming life and fundamental to a successful Aquarians season. Parents are needed to volunteer in varied positions to run the swim program for our athletes.

The swim season cannot run without a commitment from all families to this crucial aspect of our Club. Expect to receive communication from the Club regarding volunteerism throughout the season.

For our own hosted Golden Spike Meet (end of June/early July), the volunteer help needed is much greater than at any other meet all season. We require that all families come and help out – even if your child will not be competing. Shifts will be assigned if there are not enough people signing up ahead of time.

At all other club's meets, PMA parents must provide timers and officials. Teams are allocated lanes to time according to how many swimmers they entered at a meet. Officials' positions are trained. Ask about our Official's training.

Shifts are usually short (2 hours or so).

### **What can I volunteer for?**

Summer swim programs have a number of volunteer needs.

- For the club, there are a number of Executive and volunteer roles
- For our club hosted Golden Spike Meet
- For all other club's meets, PMA must provide timers and officials

Feel free to contact our Volunteer Coordinator at [pmavolunteercoordinator@gmail.com](mailto:pmavolunteercoordinator@gmail.com) if you have questions or ask any of our Executive Team members.

### **How can I volunteer if I have younger children that need supervision?**

We understand that volunteering can be hard for families with younger swimmers; from parents that have been through swim meets with younger children here are some suggestions:

- Band together with other swim parents – stagger shifts so that you can help each other
- Bring an older sibling, cousin, grandparent, babysitter etc. to help your child while you are timing
- When it is their time to swim, encourage your child to come to your timing lane to say “hi”; give them a quick hug before they go to their lane to race
- Split a shift – pair up with another parent if you find the shift too long
- Share your phone number – text and ask for a break if you one