



# Sharks in the Park

## A/B Meet

**Saturday, July 19 & Sunday, July 20, 2025**

Mundy Park Pool

655 Hillcrest Street, Coquitlam, BC

### Key contacts:

<b>Meet manager</b>	Jason Rollins (primary) Devon MacKenzie	meetmanager@coquitlamsharks.org
<b>Meet entries</b>	Tara O'Coffey (primary) Keiko Ezawa	computers@coquitlamsharks.org <b>Deadline: 6:00pm Monday July 14, 2025</b>
<b>Director of Officials</b>	Christine Friend	officials@coquitlamsharks.org
<b>Meet Referee</b>	Christine Friend	officials@coquitlamsharks.org

**Sportsmanship:** It is expected that everyone in attendance will show good sportsmanship and respect for others. In promoting safety, fun and good competition, everyone will try to eliminate behaviors', which detract from a positive environment. Abuse and harassment of any type will not be tolerated as per BCSSA's Harassment Policy.

**Protocol:** If there is an issue with entries or results, please follow this procedure: go to your coach who will then approach the Meet Referee or Meet Manager.

***We acknowledge that the Coquitlam Sharks holds their practices and competitions on the traditional, ancestral and unceded territory of the kʷikwə́ləm (Kwikwetlem First Nation) which lies within the shared territories of the Coast Salish Peoples. We thank the kʷikwə́ləm who continue to live on these lands and care for them, along with the waters and all that is above and below.***

# Coquitlam Sharks - Sharks in the Park A/B Meet

## Meet Format: Combined Meet with Heats and Finals

- Preliminary Heats
  - Individual events Div 1 to 7 will swim preliminary combined heats in combined divisions (Div 1 to 3 and Div 4 to 7) with O-Cat 1 & O-Cat 2/O-Cat 8 swum as timed finals.
  - All relays are timed finals.
- Finals
  - Divisions 1 to 7 will be separated into each division
- Relays
  - Div 1 - 7 Relays must have four "S" swimmers.
  - "S" swimmers may be entered in an O-Cat relay. Div 1-3 with O-Cat 1 and Div 4-7 in O-Cat 2, as long as there is a minimum of one O-Cat swimmer entered in the relay team.
- This meet is sanctioned by the BCSSA and all current BCSSA rules and regulations apply.
- Heats or events may be combined, changed, cancelled at the discretion of the Meet Manager.

Meet Schedule	Saturday and Sunday
Prelim Heats Warm-up*	6:30 am – 7:30 am
Prelim Heats Scratches Due	7:00 am
Officials Meeting	7:20 am
Coaches Meeting	7:30 am
Land Acknowledgement (Sat) National Anthem (Sun)	7:35 am
Team Cheers	7:40 am
Preliminary Heats Start	8:00 am
Relay Entries Due	9:30am
Finals Scratches Due	At the start of Div 3 Relays
65th Anniversary celebration	11:00am
Finals Warm-up**	20 minutes
Finals Start	After Finals Warm up

\*Prelim Heats Warm-up times may be adjusted depending on the number of swimmers registered.

\*\*Finals Warm-up will be approximately 10-20 minutes after the completion of the last events in the Preliminary Heats. Timing will be at the discretion of the Meet Manager.

## Eligibility

- All participating swimmers must be registered with BCSSA for the 2025 season.
- **Swimmers participating in the Development Meet are not permitted to enter this meet.**
- **Swimmers not able to compete in 50m unassisted for all 4 strokes should participate in the Friday Development Meet.**
- If Division 1-3 swimmers cannot achieve the following times, we strongly recommend they participate in the Development Meet. We reserve the right to remove swimmers if they do not meet these times.

100 IM - 2:30	50 Fly - 1:20	50 Breast - 1:15
50 Free - 1:00	50 Back - 1:15	100 Free - 2:20

## Entries

- Swimmers may enter **five (5) individual events (maximum 3 events per day) and two (2) relay events.**
- Where a swimmer has an NT for an event, please make sure to enter a realistic custom time that they have achieved in practice to enable more accurate seeding. **Swimmers without times will be removed from the event.**
- **Please complete your entries carefully as you will not be limited to only entering your swimmers in the division they are registered in.**

- Electronic entries (including Relay Teams – swimmer names not required) must be sent to [computers@coquitlamsharks.org](mailto:computers@coquitlamsharks.org) by **6:00pm, Monday July 14, 2025** and include:
  - Meet entries (Hy-tek format) and full Club Roster (PDF and Hy-tek format).
  - Name, email, phone number of the Club's computer/meet entry person.
  - Name, email, phone number of the Club's Director of officials/parent volunteer coordinator.
- **Relay cards** with names must be submitted to the office by **9:30am each day of the meet.**
- **No deck entries will be accepted.**
- **The meet is capped at 650 swimmers.**

### Fees

- Individual Events: \$7.50 per individual event; Relay Events: \$10.00 per relay team.
- Prior to the meet, **scratches can be emailed to [computers@coquitlamsharks.org](mailto:computers@coquitlamsharks.org) by Tuesday, July 15, 2025, at 6:00 PM.** No refunds thereafter.
- The President or Vice President must receive cheques payable to "Coquitlam Sharks" in person by **Sunday, July 20, 2025.** E-transfers are not accepted.

### Facilities

- 25 metre, 8 lane pool.
- The **leisure pool and hot tub will not be available** during the meet.
- Dive tank will be for warm-up & cool down. Swimmers must be **supervised by a coach** from their club at all times. **The dive tank is not available during pre-event warm up.**
- The "Working Deck" includes at least 1.8m on the sides and turning end of the pool as well as the covered area at the finishing area. Additional areas of the working deck shall be indicated with temporary barriers. The working deck can only be accessed by swimmers during their events and officials. Swimmers may talk to their coaches at the coaches table and then exit the working deck. Spectators are not permitted inside the working deck.
- Sharks Concession will be open both Saturday and Sunday. Cash and payments via Square will be accepted. Chef Jin's Menu:
  - Breakfast: pancakes, sausages and hash browns
  - Lunch: chicken teriyaki

### City of Coquitlam Bylaw reminders.

- **No pets permitted within the fenced area except certified service animals.**
- No smoking, vaping or open fires are permitted onsite.
- Alcohol not permitted on pool grounds.

### Parking

- There will be limited parking in the main lot and back lot.
- **KINDLY RESPECT** the homes in the area while street parking.
- **City Bylaw officers will be patrolling parking lots and the surrounding streets.**
- Additional parking information will be shared the week prior to the meet.

### Tenting

- Tenting information and locations will be sent prior to meet, after entries are received.
- **Day Tenting will not be permitted on public paths or walkways**
- Clubs will be allocated a specific areas for Club canopies.
- Club canopies can be stored on the pool deck overnight. Overnight security will be on site, but all items will be left at the owner's risk.

### Viewing

- Unless volunteering, parents are required to stay behind the barriers on deck.
- Spectator viewing and bleachers are located on the pool deck in designated areas.

## Officials

- All clubs must supply senior deck officials and junior/intermediate officials for stroke and turn during the meet.
- Timing and recording lanes will be assigned to clubs, which they are responsible for filling.
- Postings of positions will be located on the bulletin board near the Shark Shack on the NE side of the pool deck.
- Sign-up sheets for all officials will be circulated electronically preceding the meet.

## Marshalling

- Divisions 1-3 and O-Cat1 will be marshalled for all events. Division 4 50 Fly will also be marshalled..
- **Divisions 4 through 7 and O-Cat 2 and 8 will NOT be marshalled for heats or finals** (except Div 4 50 Fly) and will be assumed to be competing unless scratched before the start of the preliminaries or finals each day.
- Events **highlighted in yellow** on the event list will not require marshaling.
- Marshalling area is located on the grass area behind the pool. Access to this area is for athletes, coaches and officials only.
- Heat sheets will be posted on Meet Mobile and in the marshalling and results areas.
- Heat and lane assignments are subject to change as events will be reseeded after the scratch deadline each day. If in doubt, check the printed posted heat sheets.
- Event/Heat start times that appear in Meet Mobile and on Heat Sheets are estimates only. The meet may run faster or slower than the estimate and it is the responsibility of swimmers to pay attention to when their event is being called by the Clerk in Marshalling.
- **Courtesy Calls made by the announcer are not official calls.** It is the responsibility of the swimmer or alternate (Divs 1 to 3) to be at the Clerk of the Course when their event is called.
- **Clerk of Course will only call the event, swimmer names will not be called.**  
**For marshalled events, swimmers must know their event and heat number and must state their name to the Clerk of the Course.**
- During Finals, the Clerk of the Course shall call the event 2 times with 2 minutes between each call. If a swimmer is not present at the clerk of course at this time, they will be disqualified and the alternate will swim.
- Division 5-7 alternates for finals need to be waiting near the referee (near the starter) to be called if there is a spare lane. -(Best spot would be just behind the fence near the entrance to pool deck by lane 1)

## Timing System

- Colorado® timing system with electronic touch pad and plungers interfaced with Hy-Tek Meet Manager® and an 8-line display scoreboard will be used as the approved automatic judging and timing system in accordance with BCSSA rules.
- If a malfunction or light touch invalidates the touchpad results, the electronic plunger results will be considered Official Times.
- There will be one stopwatch time which will only be used if the electronic timing system fails.

## Prizes

- Bell Races: Random Bell Races will occur during the meet. Winners of the races will win a prize.
- Prizes will be available at the volunteer check-in tent

## Awards

- **Individual Events:** Div 1 to 4 receive 1<sup>st</sup> to 8<sup>th</sup> place ribbons, Div 5 to 8 and O-Cat 1&2 receive 1<sup>st</sup> to 3<sup>rd</sup> place ribbons.
- **Relay Events:** All divisions and categories receive 1<sup>st</sup> to 3<sup>rd</sup> place ribbons.

## Results and Points

- Results will be posted in Meet Mobile and on the Results Board (exterior of main building - northwest side) the day of the meet

- Final results will be emailed out (HyTek zipfile and PDF) to the same club representatives that send in the entries once the meet is complete.
- Individual points are awarded as follows: 1st place 20 pts, 2nd place 17 pts, 3rd place 16 pts, 4th place 15 pts, 5th place 14 pts, 6th place 13 pts, 7th place 12 pts and 8th place 11 pts.

## Event List - Day 1 - Saturday, July 19, 2025

Girls Event #	Events - Session 1	Boys Event #
101	Div 1-3: 100m IM	102
103	O-Cat 1: 100m IM	104
105	Div 4-7: 200m IM	106
107	O-Cat 2 & O8 200m IM	108
111	Div 1-3: 50m Freestyle	112
113	O-Cat 1: 50m Freestyle	114
115	Div 4-7: 50m Freestyle	116
117	O-Cat 2 & O8: 50m Freestyle	118
121	Div 1-4: 50m Butterfly	122
123	O-Cat 1: 50m Butterfly	124
125	Div 5-7: 100m Butterfly	126
127	O-Cat 2 & O8: 100m Butterfly	128
Girls Event #	Events - Session 2	Boys Event #
131	Div 1: 200m Medley Relay	132
133	Div 2: 200m Medley Relay	134
135	Div 3: 200m Medley Relay	136
137	O-Cat 1: 200m Medley Relay	138
139	Div 4: 200m Medley Relay	140
141	Div 5: 200m Medley Relay	142
143	Div 6: 200m Medley Relay	144
145	Div 7: 200m Medley Relay	146
147	O-Cat 2: 200m Medley Relay	148
149	O-Cat Div 8: 200m Medley Relay	150

## Event List - Day 2 - Sunday, July 20, 2025

Girls Event #	Events - Session 4	Boys Event #
201	Div 5-7: 50m Butterfly	202
203	O-Cat 2 & O8: 50m Butterfly	204
211	Div 1-3: 50m Backstroke	212
213	O-Cat 1: 50m Backstroke	214
215	Div 4-7: 100m Backstroke	216
217	O-Cat 2 & O8: 100m Backstroke	218
221	Div 1-3: 50m Breaststroke	222
223	O-Cat 1: 50m Breaststroke	224
225	Div 4-7: 100m Breaststroke	226
227	O-Cat 2 & O8: 100m Breaststroke	228
231	Div 1-3: 100m Freestyle	232
233	O-Cat 1: 100m Freestyle	234
235	Div 4-7: 100m Freestyle	236
237	O-Cat 2 & O8: 100m Freestyle	238
Girls Event #	Events - Session 5	Boys Event #
241	Div 1: 200m Freestyle Relay	242
243	Div 2: 200m Freestyle Relay	244
245	Div 3: 200m Freestyle Relay	246
247	O-Cat 1: 200m Freestyle Relay	248
249	Div 4: 200m Freestyle Relay	250
251	Div 5: 200m Freestyle Relay	252
253	Div 6: 200m Freestyle Relay	254
255	Div 7: 200m Freestyle Relay	256
257	O-Cat 2: 200m Freestyle Relay	258
259	O-Cat Div 8: 200m Freestyle Relay	260

***Special thanks to:***



Government  
of Canada

Gouvernement  
du Canada

Canada